DOWSING

30 AMAZING THINGS
YOU CAN DO WITH DOWSING

MIA ROSE

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30 Amazing Things You Can Do With Dowsing

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Introduction

I want to thank you and congratulate you for downloading the book, "Dowsing; 30 Amazing Things You Can Do With Dowsing" .

This book contains proven steps and strategies on how to learn and practice the art of Dowsing.

The history of dowsing is obscure but dowsing has been widely used since at least the 15th century to identify minerals, ore and water sources. Falling in and out of favor over the centuries it has been seen as useful engineering tool and/or a dark art linked to witchcraft! This reputation has fluctuated and dowsing became popular with companies searching for oil in the 19th and early 20th centuries but at the same time saw renewed interest from those fascinated by the paranormal world.

This book looks at the history, the practice and techniques of dowsing as they are currently understood. Dowsing is not a art that needs special skills but simply requires practice. This book will teach you all you need to know in order to learn the art. In addition, in the second part of the book, we've listed 30 fun, interesting and useful ways you can use Dowsing. Hopefully, this list will provide you with inspiration and many ideas for alternative uses for dowsing.

Thanks again for downloading this book, I hope you enjoy it!

Part One
Dowsing, the History and Practice

Dowsing has been practiced for hundreds, possibly thousands, of years as a technique to find underground sources of water, minerals, gems, oil and even bodies. Today, the technique remains popular if often greeted with skepticism by science – although not quite as much skepticism as you might expect! The basic definition of dowsing is “searching or finding”; this can be applied in the traditional sense of finding water sources or minerals or in a wider sense, often used today, meaning to seek answers.

What Is Dowsing?

Traditional Dowsing uses rods of different kinds which the Dowser carries in their hands to locate the item that is being sought. Rods were usually formed from some kind of twig – the most common being hazel or willow rods. Modern techniques have adapted the concept and metal rods are now a common tool that many dowsers use. The actual material that the rod is formed from appears to have no effect on the working of the rod; as the dowser paces the area being checked the rods respond by crossing or by pointing downwards when the item being sought is passed over. Modern dowsing also includes the use of pendulum dowsing, which simply involves a heavier item held from a piece of cord or string. This method is usually used in contexts where the dowser does not need to move around and the pendulum acts as pointer,

usually towards letters, lines, symbols or numbers written down on paper or card.

The History of Dowsing

Records as to how and when dowsing came from are few and far between but it appears to have been commonly used in 15th century central Europe (particularly Germany) mainly as a means to locate metals. It is, however, unlikely that the technique sprang from nowhere to address this requirement but instead was developed from a far older technique for sourcing underground water.

The term "dowsing" seems to have originated in England sometime in the 16th century, where the expanding mining industries in many parts of the country used German miners and techniques to both construct mines and also to find the best locations for them in the first place. This was the first heyday of dowsing for mineral deposits and the practice became widespread.

Dowsing came under considerable negative scrutiny in this period from the Church and it is probably at this point that the technique became identified as an "occult" method of discovering hidden information or even wealth. From being a purely practical engineering solution to being seen as a possible magical (and therefore dangerous) skill, dowsing became increasingly less popular with mainstream science and gradually gathered a reputation for being a superstitious practice that should, at best, be frowned upon.

Dowsing, as a folk skill, however, continued to be practiced quietly in many rural communities. In this context the primary information sought was the location of underground water supplies. This, as mentioned above, was probably the earliest use for dowsing and although it fell out of fashion in the mining industry it

remained a highly valued skill in many small communities – although not one that sought to advertise itself too widely given the attitude of both the church and wider society!

By the late 19th and early 20th centuries the hunt for oil was on and, as with the explosion in mining in the 15th century, competition to find lucrative drilling sites led to the return of dowsing to the mining, drilling and engineering field. Dowsing had continued to be quietly practiced in many rural communities in Europe and had been "exported" as a traditional skill to the Americas. Here it had proved helpful in other, new, small rural communities in the search for reliable water supplies. The suddenly urgent need to discover suitable sites for oil drilling saw resurgence in interest in this traditional technique. Dowsers found themselves sought after individuals once more and their skills

were used to help locate this new type of mine!

During the 20th century dowsing continued for find popularity within the oil industry, although often large companies were unwilling to publicly admit that they used this form of "witchcraft" to locate the most lucrative sites to drill! Dowser too, with centuries of traditional circumspection brought on by a certain amount of persecution were not always keen to admit that they were involved!

By the late 20th century, despite scientific skepticism about the technique remaining strong, the use of dowsing in military settings was relatively common and the US Marines deployed the technique in the search for hidden weapons, tunnels and mines of a very different kind. Police forces too, in many parts of the world, employed the arts of the dowser to assist in finding missing persons or

locate graves of the victims of crimes.

The Other 20th Century History

During the 20th century dowsing gathered a very different following from its traditional supporters in the mining and engineering industry! Esoteric groups and those fascinated by the paranormal all began to explore the "lost" art of dowsing.

One early pioneer was the British archaeologist Thomas Lethbridge; Lethbridge had a respected reputation as an Anglo-Saxon archaeologist but later in life became fascinated by the paranormal. Lethbridge conducted numerous experiments with a new way of dowsing using a pendulum and he even developed a scale which could be used to in the more practical elements of dowsing for minerals.

This led to new methods of dowsing being developed for new purposes. The basic understanding of dowsing remained the same – in that it is a

technique for “finding”. However, this new context involved users searching for different types of answer. The technique soon became identified with Spirit Guides, or ghosts and spirits in general. One extremely well known version of “dowsing” is the Ouija Board; where a pendulum or pointer is used to identify letters in order to communicate with the dead.

As the New Age revolution spread in the 1960s the power of dowsing to answer questions relating to health, spiritual development and even past life knowledge were all rapidly developed and the technique could, to some extent, be said to have come full circle once more, being now more associated with the spiritual, the occult and with magic, than simply being a great way to find a new well or make a fortune from oil!

Who Uses Dowsing Today?

Supporters of dowsing as a technique for finding water or mineral deposits are found in some surprising places. In many small rural communities dowsing remains an accepted practice with some locals being known as being natural dowsers. Generally these practitioners are called upon to find water supplies, or buried cables or old drains. In these communities – often hard working and hard headed in many ways – dowsing is not seen as anything out of the ordinary but simply as a practical tool to be used when needed.

At the other end of the spectrum, surprising users can also be found, including the Soviet government in the not-so-recent past who happily used those with dowsing abilities to search for mineral or oil deposits. Some governments still sanction the use of dowsers in Europe and the use of professional dowsers has never

entirely fallen out of fashion. Occasionally, in the mainstream press, articles appear about the use of dowsing in cases of lost people, or by major companies searching for mineral or oil deposits. While dowsing may have a reputation as an "occult" or esoteric, it seems that it remains in use in many surprising, if under-reported, settings!

How Does Dowsing Work?

This question has been asked since at least those early days when European mining speculators searched for mineral deposits and, despite some study, the answer is as yet unclear. Some people claim that dowsing doesn't work, or can't work. There are, however, many others including both experienced dowsers and surprised novice dowsers who simply state that it does!

There is no simple answer to the question of if, how or why dowsing works and the answers that you will find range from the bizarre to the unlikely and back again! Many spiritualists argue that it is the world of spirit that explains dowsing while many supporters suggest that the human body reacts to magnetic fields and resonances given off by certain substances or minerals. This reaction creates small and normally

imperceptible movements within the muscles, causing them to influence the movement of the rods used in dowsing. Dowsing is, however, controversial and how it works is explained by many different groups, in different ways. Some of these groups and their views are described below;

What the New Age Lobby Says;

Generally, it depends on the tradition you approach for an answer on this one! To a Wiccan it will be the universal force of the God and Goddess to which they attribute the power of dowsing. To a Spiritualist you'll undoubtedly find that the world of spirit is usually considered responsible. To those interested in Eastern religions, the forces of universal energy will be the most likely source of the power behind dowsing. However, most traditions will readily accept that the technique not only works but can be used in many beneficial ways.

What Science Says;

In general, science says that there is no established proof that dowsing works. Studies and tests have, so far, returned only results that suggest there is no greater success when dowsing than would be the case for pure chance. However, science does establish that some species of animal, fish and birds have very clear responses to magnetic fields although human responses to those same fields is not clearly understood. Scientific study so far does not link this to possible or probably links to human dowsing capabilities.

What the Dowsers Say;

“It works”. This is the most likely response that you'll get from amateur and professional dowsers. Interestingly, even amongst normally straightforward people in those traditional, rural communities you'll get the same answer from dowsers. In even the most unlikely individuals in these communities you'll also find that the skill remains relatively common and that many people don't worry too much about the reason it works but simply accept it as a useful tool.

Using Dowsing for Personal Gain

You'll find that many sources of information on dowsing strongly advise against using dowsing for personal gain or for "negative purposes". However, this is somewhat at odds with the traditional (or even modern day commercial uses of the technique). Those early mining speculators for gold, iron ore and tin were not dowsing for minerals simply out of the good of their hearts, or to benefit society as a whole. They were using the technique for the more prosaic, if less spiritually enlightened, ends of (their own) wealth creation! Even water dowsing was for personal benefit and traditional dowsers who use their skills to find water and/or oil today rarely do so without a fee structure firmly in mind.

Ultimately it is down to you to consider your own beliefs and ethics when dowsing for anything. Dowsing

may be nothing more than an innate human skill which we simply don't understand as well as other human skills. Or it may be an expression of some greater force than us – a universal energy or being of some kind. Either way, living a life that is ethical and in which we strive not harm others by our actions is never a bad plan! There is almost certainly no reason or obstacle to using dowsing to achieve ends which benefit you; how you approach that or whether you do is entirely up to you!

Learning to Dowse

There are numerous techniques and tips available in order to dowse. Some may require a little more effort and persistence than others. The real key to the skill actually seems to be practice. In this section we'll take a brief look at the main ways in which you can begin to learn to employ this amazing, if sometimes unnerving, technique.

The Traditional Method

This is the most basic way of dowsing and as can be expected from its practitioners, those hard-headed, practical countrymen and women, there's nothing too complicated about it. You'll need a couple of rods, your hands and something to search for.

1. The rods can be anything you have readily to hand; the most traditional type are made from twigs of hazel or willow – which traditional country dowsers would have found to be the most readily found items to hand! Today, even traditional dowsers will use metal rods. A popular option is old clothes hangers, cut up into an L-shape, which can be held loosely in the hand with the longer part of the L extending in front of the dowser. Some people have happily used paper clips, twisted to shape.
2. Hold, but don't grip, the rods so that

they extend in front of you, roughly parallel to each other. Pace an area where you are likely to find the object, material or mineral of choice.

3. You can use this technique indoors and search for electrical cables or plumbing pipes in your home. However, it's more fun to search for an object hidden by a friend, and better still to do so outdoors!

4. Stand slightly open mouthed and disbelieving with shock when the rods react! They will and it can be an unnerving moment when this first occurs. The sensation can be relatively light or, for some, very strong and sudden but the rods will make a clear movement and often a determined pull.

Tips; often dowsing is a very personal thing; not everyone finds the rods react in the same way. For some they cross

when the sought after item if found and for others they swing backwards away from each other. Both of these movements can either indicate you are getting closer or further away from the object you are seeking. Understanding the response is the first step and for this reason it makes sense to practice with an object that you know is definitely there and one which has been hidden by a friend! You can attempt this exercise as often as you like, for as long as you like. Gradually you'll find that your skill improves and you develop a better feeling for the response.

Pendulum Techniques

These techniques have been developed in more recent years although it's possible they have been used in the past to search for answers, people and other information. You'll need a "pendulum", your hands, a relevant chart, a spare pen and paper along with something to seek for. In this case the latter can be "knowledge" of some kind or, again, a physical, hidden object. Before we take you through a simple Pendulum technique exercise we'll look at the (slightly more complex) equipment you need.

- Pendulums; these are, very simply, heavy objects suspended from cord or string. You can purchase expensive, attractive and decorative pendulums for dowsing online or from Esoteric stores, or simply get a pebble and tie it to some string. The options in between are as endless as you care

to think of and only limited by your imagination. The key properties of the pendulum include the length of string, which initially is best decided by your own height and your preferred position for dowsing (sitting or standing) and the weight of the object. This latter should be neither too heavy nor too light. A feather will be no use and a 50 pound weight will be equally useless. As mentioned, pebbles can be great but many small household objects will work well. Pendulums with certain lengths can be used to identify specific objects or materials, according to Tom Lethbridge's method and we'll look at those later in this section. However, to begin to learn the technique, a medium length pendulum of simple construction will be perfectly adequate.

- Charts; these help to make

pendulum dowsing sound just that bit more esoteric and mystical than it really needs to! Charts, in this context, can be as simple or as complicated as you like. Charts usually incorporate numbers or letters or both; if you're asking a question you'll need to be able to spell out the answer. For this reason a chart with all the letters of the alphabet is often used, or one with the numbers 0-9 (don't worry, this will be plenty of numbers). You can create your own handwritten one, although you should be able to find examples online. Ideally, create a chart in a semi-circle; for example with “A” or “0” placed to the left of the paper and “Z” or “9” to the right, directly opposite each other. The other symbols should be placed consecutively, rising to the mid-point and falling to the other side of

the paper. This allows the pendulum to clearly swing in an easy to read direction.

- Yes or No? As with traditional dowsing, pendulums tend to respond to different people in different ways. "Yes" may be signified by an anti-clockwise circle, or a clockwise one. "No" will be the opposite direction. However, the pendulum may swing back and forth or side to side for you. Test these out by drawing circles and lines showing each direction and then a second set of circles and lines with the word "yes" or "no" noted within/next to them. Simply lightly grip the string or cord of the pendulum and hold it over each. You can encourage it to swing over the initial set of images but let it choose its own "Yes" or "No". This can take anything from several attempts to much practice.

Be patient!

Pendulum Practice

1. Hold the pendulum in the hand that you don't normally write with; this makes it significantly easier to make a note of any replies to your question. Keep your grip light, but strong enough to hold the pendulum in place.
2. Begin your attempts by establishing what your "yes" and "no" pendulum responses are. This may take some time and you may need to take a break as you experience the apparently "magical" movements of the pendulum for the first time!
3. Once you're clear on the responses from the pendulum you can ask a question. Again, a hidden object in your home can be a good starting point. You can simply ask if the object is in specific rooms, on the first floor or higher floors. Try to frame your questions in a way in which a simple "yes or no" answer

will help you identify the location.

4. **Generally it is easier to start you pendulum dowsing practice with simple questions. Once you have some experience you can use more complex questions which require the answer (literally) spelling out, as mentioned above.**

Concentration or Zoning Out?

The oddest part of dowsing, perhaps the most magical, is the "how do the rods know what I'm looking for?" question. Dowsing is a technique that can help you find anything from buried treasure to a blocked drainage pipe. How this actually works is the biggest mystery and how you "tune" yourself to the desired object is still unclear. The simplest way is to focus and focus very hard on the object, mineral, person, substance or question you are searching for. The most likely explanation for the effectiveness of dowsing is probably connected to a strong role played by the subconscious mind, acting in conjunction with tiny micro-movements of the muscles. Use focus and a clear mind to concentrate on your purpose and your results will be most effective. Some people find that meditation techniques can help, while others seem to be able to focus

very easily.

It may be important to note that many traditional practitioners (those mostly involved in water and mineral sourcing) don't focus too hard or concentrate on too much. They simply accept that the rods will respond when they cross what is being searched for. Practice, in many areas of life, will identify the way which works best for you.

Lethbridge Pendulum Lengths

As mentioned above, Tom Lethbridge, an early pioneer in the art of pendulum dowsing established a series of lengths of pendulum to use when searching for specific substances or qualities. These are detailed below and you may wish to adopt them for your dowsing practice;

Material	Length (inches)
Sulfur	7
Graphite	10
Carbon	12
Slate, concrete	13
Glass, porcelain	14
Quartzite, flint	15 ½

Organic matter including coal	20
Silver lead, salt	22
Vegetable oil, amber	23 ½
Masculinity, diamond	24
Alcohol	25 ½
Running water	26 ½
Femininity, gold	29
Copper, brass, tin	30 ½
Iron	32
Death, anger	40

Part Two
Amazing Things You Can Do With Dowsing

Hopefully, the first part of this book has helped you to understand what dowsing is, and how to begin practicing it. This second section is designed to give you some ideas for how you can use dowsing and what the most common ways are in which it has been used. We've gathered together many different uses from a wide range of traditions and sources. The aim in this part of the book is not to suggest that you do use dowsing for all or any of these ends, simply to give you an idea of what others have found dowsing to be useful or effective for. Some are simple, straightforward and have fairly obvious practical benefits. Others may only be relevant to individuals with certain beliefs or

interests. I hope you enjoy this part of the book and it gives you a starting point for your own exploration of dowsing.

Practical Uses For Dowsing

Water Witching, Diving and Dowsing

Almost certainly the oldest and most practically useful reason to dowse for anything! This is where it all began for dowsing. You can dowse for water anywhere and it may be most useful if you need a new domestic/farm supply, or know somebody who does. It can also be useful for working out where blockages occur in drains, or pipes and cables are damaged. Simply use rods, pace the area in question and wait for a response.

Depth of Water to Drill For

Again, traditional dowsing at its best! Use a number chart, combined with questions such as "How many thousands/hundreds of feet is water located at?" You'll need to ask several times to get a specific answer; start with thousands, see where the pendulum indicates and then ask again

in lower terms (hundreds, tens, and finally in single units).

Amount/Suitability of Water Available

You can use pendulum dowsing to find out if the amount of water is suitable for your proposed use; for example for crops or as a domestic supply. In addition, check if the supply is suitable or safe for use. If rod dowsing, simply keep the questions in mind as you identify different potential sources, see if you get a yes in some locations and no in others.

Drill Sites for Oil or Minerals

Again, this is one of the more traditional uses for dowsing. Generally, most people will be able to dowse in this way but only those with many years of practice will be the most effective. Some individuals will have strong natural dowsing abilities and moving into the potentially lucrative

career of dowsing for these substances may be an attractive option.

Buried Treasure

It may, or may not, be a coincidence that Tom Lethbridge was an archaeologist. If you're interested in history (or large hoards of buried treasure) dowsing for either is a use you'll find attractive. You can use pendulum dowsing combined with a map to identify likely sites and rod dowsing to locate specific fascinating artifacts (or large hoards of buried treasure) in much the same way as others use metal detectors!

Electrical Cables

Dowsing for buried cables is one of the more prosaic and highly practical uses for dowsing; great on building sites or when re-developing your home. It’s usually best accomplished with rod dowsing and a plan to identify likely cables. Only consider any

excavation with relevant safety advice or appropriate contractors, depending on circumstances.

Plumbing Problems

Whether you're searching for blocked drains or plumbing pipes in your home, dowsing can be a highly effective technique for locating them. This is a similar technique to that ancient art of locating water. Most people will be able to do this with surprising accuracy, even with limited dowsing experience.

Lost and Found Dowsing

Common items that people dowse for are; rings, keys, wallets and items of value. Rod or pendulum dowsing can be used, the latter might be helpful at establishing which room, if any the item is in. Generally, you can use dowsing to search for any item you like. Finding it successfully will depend on where it was lost!

Missing Pets and Missing People

Police departments across the world have used dowsing to help locate missing people. Not all of them admit it, but it has been a relatively widespread practice. This is a serious use for dowsing and it can be very effective. Use a pendulum and a map; place the pendulum in a corner of the map and focus on your question; draw a line in the direction it describes and then repeat the process from another point on the map. Repeat for a third time; by this point you should have a triangle in which to focus the search. If the triangle covers a large area this can indicate that the person or animal sought is on the move, smaller triangles can suggest a specific location and you can use the pendulum within the triangle to try to establish a more detailed location. Landscape features or buildings can then be identified to search.

Directions and Safety

If you're lost, you can dowse for the best direction to take. You can also use dowsing to pick directions to avoid, when making journeys, to keep away from weather conditions or situations which may be dangerous. Don't simply rely on dowsing in this case, of course, use eyes, ears and common sense as well!

Healing and Spiritual Uses for Dowsing

Balancing the Chakras

Chakras are identified as energy points within the Aura and are associated with several ancient cultures. In recent years the art of dowsing and the Chakras have both become popular. Adherents of both traditions believe that they can be combined. Chakras are associated with different functions in the body, mind and soul and for balancing with dowsing a pendulum using a clear quartz crystal is recommended. Balancing Chakras with dowsing requires some detailed knowledge of these energy points and experience of dowsing. However, experienced dowsers often find that holding a crystal pendulum about four to six inches from each Chakra will help identify those that are out of balance. Subtle changes in the rotation, or even the sense of "friction"

occurs where problems or imbalances exist.

Dowsing for Ill-health

Many dowsers have found that in addition to holding a pendulum over different areas of the body, they can diagnose problem areas by listing the major organs and components of the body. This can be done for the self or for others; lists can include organs, bones, or bodily fluids. Simply focus on each and check the pendulum's response. A simple “yes/no” question can be used as a starting point for the pendulum, with more specific questions when areas of ill-health have been identified.

Dowsing For Dosage

This is a common practice amongst many modern natural healers. Generally, it's recommended for dosage relating to herbal remedies or homeopathic remedies. This technique

should be approached with extreme caution by beginners in the art of dowsing and some care even by those who are experienced. Herbs and homeopathic remedies can interact badly with other medications or cause unexpected reactions in some people. Usually, medical advice and recommendation should be sought in addition to dowsing.

Dowsing for Allergies and Intolerances (#1)

Many people suffer from the effects of mild intolerances to some food types for years, without understanding the source of the problem. Dowsing can be used to check for these, usually very effectively. Simply use a chart list of foods to discover if you, or somebody else, may have an intolerance. If so, try cutting the item in question and monitor the results. Again, a dowsing technique for the more experienced.

Dowsing for Allergies and Intolerances (#2)

Where an allergy or intolerance exists it can be important to avoid the relevant food item or ingredient. However, even modern packaging (or food in restaurants) can be misleading. Dowse to see if an ingredient is lurking in the food you are about to eat, or purchase, that you should avoid. This is often found to be a highly effective technique.

Dowsing and Auras

For those with an interest in Auras, dowsing can be an interesting way to check for strengths or weaknesses in the Aura, or areas of damage. Again, as with Chakras, some knowledge of Aura's themselves is required. Dowse either over your own or another's body to check for areas that have issues or weaknesses. Yes/no questions can also be used to check for issues with the Aura.

Psychic Wounds or Damage

Linked to Auras, understanding areas of psychic damage can also be accomplished with dowsing. Knowledge and study of the types of psychic damage is essential but dowsing is a particularly good method to use in locating or identifying this type of spiritual damage and need for healing.

Dowsing and Emotional Issues

Dowsing for buried emotions can be very effective for experienced healers. Often the cause of physical illnesses, or strongly linked to them, healers can use dowsing to identify the underlying, hidden roots of a condition. Buried emotions can be deeply buried and even the individual may not be aware of them. Pendulum dowsing can be used to rapidly identify if this is the case and healing can then begin.

Past Life Dowsing

This can be fun, even for the novice dowser, whatever your belief system. Many people from many cultures believe that we live more than one life. You can use simple "yes/no" questions to establish a connection with your past selves. This can be simply a dowsing technique used for fun or for healing techniques which focus on deeper lessons that we need to learn in this life.

General Dowsing

Many practitioners of dowsing seek information of all kinds using pendulum dowsing techniques. The following are some of the most common. However, it's important to remember that dowsing is just one way to make some of these decisions; it can be considered a very good indication of what your subconscious mind is trying to tell you! However, don't rely on dowsing to make every single decision in life; learn to follow your own common sense and feelings too!

Dowsing for Jobs

Are you unsure of which direction to take in your career or what might be a suitable career for you? Dowsing can help you to make decisions relating to jobs and the best career for you. In this case it's likely that your subconscious mind will come in to play heavily. Use a pendulum for "yes" and "no" answers or even from

more specific answers. This dowsing method can be fun for anybody to try, including novices.

Locations

Use dowsing to pick places to live, visit or study. You can use a map of any scale and see which direction the pendulum suggests, or over specific neighborhoods or institutions, to get an idea of which way fate or your subconscious thinks you should travel.

Auto Questions

Use dowsing when choosing the make and model of your next car or whether to buy a specific auto. It may be possible to avoid an auto with hidden problems or find a better deal elsewhere using this method! Great if you're not an experienced mechanic!

Document Dowsing

You can use dowsing to identify problems in a document. In this case we're talking less about spell check

and more about honesty or integrity of what is written. It is useful for contracts or other legal documents. Pay close attention to where the pendulum draws you in the document and think closely about any implications in the relevant section/s.

Decorating with Dowsing

Having problems deciding on a color scheme? Get that dowsing pendulum out and hover over those color charts. This can be a surprisingly effective technique even if your inner interior designer has failed you! See what the pendulum suggests and how it works when you put the elements/colors together. You might just surprise yourself.

Dowse for Energies in Your Home

Many people believe that energy points in our homes can affect our quality of life. Some locations are good and others bad. You can use dowsing very

effectively to find these locations and to use them accordingly; vibrant energy spots may not be the best for your bed, for example, but great for dining tables or family rooms. Using dowsing to identify the types of energy in your home and to remove troublesome energy spots can be a great way to psychically cleanse your environment.

Feng Shui and Dowsing

This is another traditional eastern technique with similarities to dowsing for energy points. You can use dowsing to focus on the correct Feng Shui positions for beds or other items of furniture in your home. An understanding of Feng Shui is helpful for this exercise but even those with simple dowsing skills can check locations that are beneficial or otherwise.

Gardening with Rods

Not the type to support plants but to

determine the best location for them in the first place. You can use dowsing to check the best locations for planting in a garden, take the plants with you and place them in different locations, where the rods indicate a "yes" is the place that those plants like best. Start digging! Dowsing with this technique is actually extremely effective (it may be another ancient use) and is a way of getting the plants themselves to give you a clue as to where they'll thrive.

Talk to the Animals

Many dowsers use the technique to hold conversations with their pets (its also been used in the past to diagnose problems with livestock). This can be a fun use for dowsing for those new to the technique. Use a chart with letters and ask any questions you like of the pet in question. Gaining a better understanding of your pet's needs can also make for a happier life for you both. Or you may simply find a great

deal of satisfaction from knowing that you're already doing the best you can and your efforts are appreciated.

Interviews and Dowsing

When it comes to that dream job, you can use dowsing to identify the right clothes or jewelery for the day! This can be especially helpful if you're feeling nervous, taking the focus off the nerves and concentrating on the dowsing for a while. It can also help to give you confidence that you've created the right first impression. Some more experienced dowsers may wish to dowse to establish the sort of questions to be asked at interview, allowing you to focus your answers in the right area.

Dowsing for Relationships

You can use dowsing to establish many things about a partner, potential partner or friend. Using a chart with letters ask any question you like. Is the

person honest, do they love you, is somebody deceiving you? Try to be specific with your questions and be aware that someone may be dishonest for many reasons, including to protect you from something.

Conclusion

Thank you again for downloading this book!

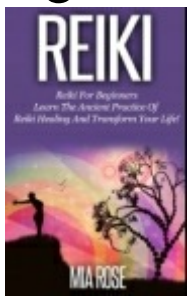
I hope this book was able to help you to find out all you need to know in order to begin successfully dowsing!

The next step is to find some rods, and hopefully a buried hoard of gold! Even if you don't find gold straight away, I hope this book has provided you with all the information you need to understand dowsing, the techniques you need to practice the skill and lots of inspiration for the many uses you can find for your new “magical” powers!

Finally, if you enjoyed this book, please take the time to share your thoughts and post a review on Amazon. It’d be greatly appreciated!

Thank you and good luck!

Preview of Reiki for Beginners



Learn About Chakras, Auras And Energy Flow Throughout Your Body!!

- The practice of Reiki has become increasingly common in recent years across the world. With a somewhat mystical reputation, there is much misunderstanding, confusion and misinformation about Reiki as a healing technique. To many it is a mysterious, eastern, unproven technique, while to others

it's one of a range of traditional alternative methods of healing in which the focus on healing the whole body and the mind is given wider priority than on simply healing specific illnesses.

For many in the West, the modern medical approach of intervention after an illness is diagnosed no longer is an approach they are fully comfortable with. Clinicians in the West have developed the habit of blasting us with chemicals or chopping bits off, or out, to resolve health problems. In the East, particularly in traditions originating in both Buddhist and Shinto practices, a more “holistic” approach is often taken. This approach has resonated for many people beyond the original regions in which these practices were developed.

This book is designed for the absolute beginner - with chapters clearly laying out the fundamentals of this eastern practice.

Here Is A Sneak Peek Of What You'll Learn…

- An Introduction To Reiki
- Understanding Each Chakra
- Learning How To Feel Each Chakra
- Chakra Exercises
- Auras And Their Significance Learning How To See Auras
- The Path Of Reiki Practice
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Click here to check out the rest of Reiki for Beginners on Amazon.

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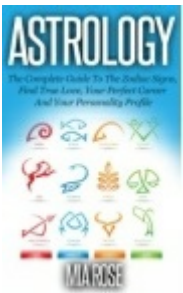
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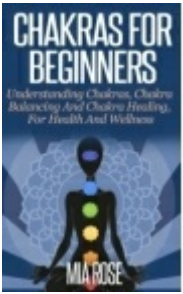

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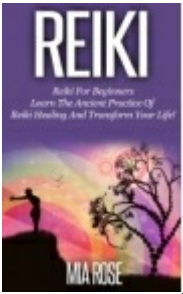

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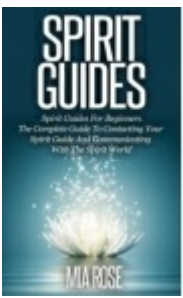

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About the Author

I want to thank you for giving me the opportunity to spend some time with you!

For the last 10 years of my life I have studied, practiced and shared my love of spirituality and internal development. I kept diaries for years documenting the incredible changes that graced my life. This passion for writing has blossomed into a new chapter in my life where publishing books has become a full time career.

I feel extremely blessed and fortunate to have the opportunity to share my message with you! Each of my books are written to inspire others to explore the many aspects of their internal world. My goal is to touch the lives of others in a positive way and hopefully

be the catalyst of positive change in this world :)

I am forever grateful for your support and I know you will get immense value through my books. I am really looking forward to serve you and give you great insight into my passions!

Your Friend,

Mia Rose